

Serving on a Children's/Teenager's Course



An Invitation to Old Students

Overview

Old students (having completed a 10-day Vipassana Course) are invited to serve on the Children's /Teenager's courses held in Sydney and Blackheath during 2004.

To serve on these courses, it is helpful if you have previous experience with children and/or teenagers, however this is not essential.

A ratio of about one server to six children per course is ideal, however for courses in Blackheath additional servers are needed for the kitchen to prepare food. Children are asked to bring their own lunch to the courses held in Sydney.

Duties

The duties of a server on a Children's/Teenager's course are as follows:

- To look after the general needs of the children during the meditation, ensuring that they can meditate comfortably with adequate mats, cushions, blankets, etc.
- Provide close supervision during the break periods, ensuring they are comfortable, have enough food and drink, are aware of toilets and that they are escorted safely if moving out of the meditation facilities;
- Listening to what they have to say so that they feel very well cared for during the day.

Most of the day is spent in the hall, with taped instructions, meditation practice, checking and questions. Servers sit with the students, taking any children out for short breaks who may be restless or who may have toilet needs.

Many old students who have served on these course have emphasised how rewarding and inspiring this experience is to watch the children learning Anapana meditation.

Criminal Record Checks

Legislation regarding volunteer care of children requires that anyone with direct contact with children on a volunteer basis, sign a Statuary Declaration that they have not been convicted of a criminal behaviour with children. Forms are available from the course office. Teachers in current employment are exempt from this requirement.

Contact us

If you would like to register on the server database and receive updated information about these courses., please send an email to ctc-info@bhumi.dhamma.org Or call (02) 9568 3277.